

S.H.A.P.E. Group Discussion Guide

Session 2 : Heart



Through God's grace, all people are uniquely created, formed, and called to discipleship! Through our baptism, we are called to love and to serve God and other people. Putting our faith into action is at the very heart of our calling to be a disciple of Jesus Christ. **S.H.A.P.E.** is an acronym for five characteristics that help to determine God's unique call in you! **S**piritual Gifts, **H**ear, **A**bilities, **P**ersonality, **E**xperience.



*To the group leader: The **S.H.A.P.E.** Group Discussion should occur **AFTER** your group members have participated in the **S.H.A.P.E.** Heart worship service on August 28, 2022 at 10:00 am and **AFTER each** individual in your group has completed the **Heart Personal Resource**. If you are using this material for Sunday School, please plan to discuss this material on September 4, 2022. Remember to give space for everyone to respond and encourage the opportunity for equal voice as you share together.*

Scripture of the week: Colossians 3:23-24

Discussion Questions:

1. Ask each member of the group to share their results from the Heart: Discovering Your Passion Personal Resource, by identifying their passions for role, people, and cause. Record the results of your group and note how many times each gift is repeated.
2. Discuss the results. Are there any passions that are repeated often in your small group? What do these results reveal about the members of your group?
3. Who do you think God is calling you to reach through your passions?
4. Did anything surprise you as you explored your passions for roles, people, and causes?
5. What changes or adaptations might you make in your life in order for you to further explore the passions and desires God has placed in your heart? Share with the group what god is revealing to you.
6. Discuss how God might want to use your passions to benefit the other members of your group. Also discuss how these gifts might benefit the congregation of Aldersgate UMC and our greater community and world.