

# S.H.A.P.E. Group Discussion Guide

## Session 3 : Personality



Through God's grace, all people are uniquely created, formed, and called to discipleship! Through our baptism, we are called to love and to serve God and other people. Putting our faith into action is at the very heart of our calling to be a disciple of Jesus Christ. **S.H.A.P.E.** is an acronym for five characteristics that help to determine God's unique call in you! **S**piritual Gifts, **H**eat, **A**bilities, **P**ersonality, **E**xperience.



*To the group leader: The **S.H.A.P.E.** Group Discussion should occur **AFTER** your group members have participated in the **S.H.A.P.E.** Personality worship service on September 11, 2022 at 10:00 am and **AFTER** each individual in your group has completed the **Heart Personal Resource**. If you are using this material for Sunday School, please plan to discuss this material on September 18, 2022. Remember to give space for everyone to respond and encourage the opportunity for equal voice as you share together.*

**Scripture of the week: Psalm 139: 13-18**

### **Discussion Questions:**

1. Ask each member of the group to share their results from the Personality: Personal Resource, by identifying their personality assessment results: Record the results of your group and note how many times each result is repeated.
2. Discuss the results. Are there any personality traits that are repeated often in your small group? What do these results reveal about the members of your group?
3. How do you think that discovering the way that God has created your unique personality will help you fulfill your call in life?
4. Did anything surprise you as you explored your personality?
5. Why do we tend to think of certain personality traits as "wrong" or "right"? Had it occurred to you before this week's lesson that God has a divine use for your personality and that God intentionally made you the way that you are? Share your thoughts with each other.
6. How can our personalities bless one another in our small group? Take a moment or two to affirm a characteristic in each group member?