

# S.H.A.P.E. Group Discussion Guide

## Session 4 : Abilities



Through God's grace, all people are uniquely created, formed, and called to discipleship! Through our baptism, we are called to love and to serve God and other people. Putting our faith into action is at the very heart of our calling to be a disciple of Jesus Christ. **S.H.A.P.E.** is an acronym for five characteristics that help to determine God's unique call in you! **S**piritual Gifts, **H**eart, **A**bilities, **P**ersonality, **E**xperience.



*To the group leader: The **S.H.A.P.E.** Group Discussion should occur **AFTER** your group members have participated in the **S.H.A.P.E.** Abilities worship service on September 18, 2022 at 10:00 am and **AFTER each** individual in your group has completed the **Abilities Personal Resource**. If you are using this material for Sunday School, please plan to discuss this material on September 25 or October 2, 2022. Remember to give space for everyone to respond and encourage the opportunity for equal voice as you share together.*

**Scripture of the week: Exodus 31:1-11**

### **Discussion Questions:**

1. Ask each member of the group to share their results from the Abilities: Personal Resource, by identifying their top five abilities: Record the results of your group and note how many times each result is repeated.
2. Discuss the results. Are there any abilities that are repeated often in your small group? What do these results reveal about the members of your group?
3. Why does it matter that we make the most of our abilities now? What could be the harm in putting them off or neglecting them?
4. Share with the group something you know you do well, but that you no longer do at all. Why did you stop doing this? Is there a way you could include it again in your lifestyle?
5. How could your natural abilities benefit your group? Share one way you think God could use something you know you do well?